



## Overview of Programs **SOUTHWESTERN VERMONT COUNCIL ON AGING**

Serving both Bennington and Rutland Counties

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**SVCOA HelpLine 1-800-642-5119**

### **Case Management Program**

Case Management staff are available to provide personalized help to older persons in need of ongoing case management services, program information or connect with other service providers.

Options Counseling - Intense person-centered planning around issues related to long term services and support, where a plan and next steps are created.

### **Nutrition Programs**

#### **Meals on Wheels**

Meals are delivered to homebound older persons who need this service to help them continue living independently. The Council is the primary funder of this important program.

#### **Community Luncheons**

Nutritious meals are served around the noon hour in a group setting at many locations in our area including meal sites and local restaurants. Meals are provided with funding from the Council on Aging.

### **SVCOA HelpLine**

The SVCOA HelpLine provides easy phone access to elders, their families, or caregivers in need of information about services and programs.

### **Family Caregiver Supports**

Information, materials and programs to encourage and supplement the caregiving efforts of families and friends of older loved ones. This includes a free lending library of books addressing the issues and challenges of providing care, and agency staff who will meet with families to discuss concerns.

### **Elder Care Clinician**

Provides mental health outreach services and counseling to homebound elders with possible mental health issues.

Updated 5/16/2017

**Substance Abuse Program** Provides substance abuse outreach and support to older adults in the community.

**State Health Insurance Program (SHIP)**

Staff/volunteers to help older adults with health insurance paperwork, claim forms, Medicare Drug Plans and Medicare Supplemental policy comparison.

**Rep payee**

Organizational rep payee who provides bill paying services for those unable to manage finances as determined by a doctor.

**Money Management**

Older adults who are having difficulty with paperwork connected to bill paying and the balancing of their check books by trained volunteers.

**Senior Companion Program (SCP)**

SVCOA is the host agency for the Sr. Companion Program in both counties. Companions work with homebound adults who need regular contact and personal attention due to emotional and/or physical frailty.

**Volunteer Opportunities**

Driving for Meals on Wheels, helping at luncheon sites, being a SHIP Volunteer, Money Management Volunteer, or a volunteer with our case managers department.

**Donations and Contributions**

Local support is increasingly important  
To keep programs, services and resources available to elders of our region.

We are a 501(c)(3) non-profit. We gratefully accept gifts of money, property or equipment to help us continue our long tradition of “being there” for the elders of our region.

To locate other Area Agencies on Aging in other states  
Call the Elder Care Locator 1-800-677-1166  
or go to [www.eldercare.gov](http://www.eldercare.gov)